



CAMP cartwheels

Sample camp schedule

9:00 - 9:15 Drop off & check-in

9:15 - 9:30 Warm-ups

9:30 - 10:30 Gymnastics rotations

10:30 - 11:00 Snack & craft/activity

11:00 - 11:55 Gymnastics & games

11:55 - 12:00 Ready for pick-up

Things you need to know

All weeks are four day camps. Price: \$149 for members. \$159 for non members for one week of camp. Full payment due at time of registration.

More than one child attending? If attending the same week, each additional sibling will receive a 20% discount!

Each child will bring their own snack Monday through Wednesday. We celebrate the last day of camp with pizza!

For more details and to register visit www.CartwheelsGym.com!

We are Clifton Park's premier center for summer gymnastics!! Join us for a week of flips, twists, and **FUN!**

Camp and program dates

July 08 - July 11

Little Flippers, Level 1 & 2, Ninja Zone, Tumbling

July 15 - July 18

Little Flippers, Level 1, 2, 3 & 4, Ninja Zone

July 22 - July 25

Little Flippers, Level 1 & 2, Ninja Zone

July 29 - August 01

Little Ninjas, Level 1 & 2, Tumbling

August 05 - August 08

Little Flippers, Level 1, 2, 3 & 4, Ninja Zone

August 12 - August 15

Little Flippers, Level 1 & 2, Ninja Zone

August 19 - August 22

Little Ninjas, Level 1, 2, 3 & 4

August 26 - August 29

Little Flippers, Level 1 & 2, Ninja Zone

Programs offered

Little Flippers - Boys and girls age 3.5 thru 5

Level 1 and 2 Gym Jam - Girls age 6 to 13

Level 3 and 4 Gym Jam - Invite only

Ninja Zone- Boys and girls age 6 thru 11

Little Ninjas - Boys and girls 4 thru 5

Tumbling - Boys and girls 6 thru 16

